

Curriculum Vitae

Name: Dr. Saeed Ahmed Alam s/o Reaz Ahmed (Advocate)

Current Position

Associate Professor & Head of Department (Cardiology)

MBBS Medical College, Mirpur

Since: 24 May 2020

- Previously served as:
 - Assistant Professor (5 years)
 - Senior Registrar (~3 months)
 - Senior Lecturer (1.5 years)
 - Teaching experience since 2014
 - Teaching Cardiology since 2016 to undergraduate and postgraduate trainees
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Academic & Supervisory Roles

- **Supervisor, FCPS Cardiology (CPSP) — Since 2025**
 - Supervising postgraduate cardiology trainees in clinical practice, research, and examination preparation
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Post-Fellowship & Additional Training

- **Interventional Cardiology Training**
December 2018-2020
 - **Neurointervention Training**
undertaken in 2025
 - **Member ESC**
 - **coordinator PSC**
 - **Member PSIC**
 - **Member Exmint stroke intervention**
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Fellowship & Professional Training

- **FCPS (Cardiology) – 2015**
- **FCPS-I (Medicine) – 2007 (First attempt)**
- **Intermediate Module (Medicine) – 2012**
- **MRCP Part 1 – 2012**

Training Details

- PIMS Islamabad (Medicine & Cardiology training)
- Rotations:
 - Emergency, OPD, CCU
 - Nuclear Cardiology
 - Angiography
 - Echocardiography
 - Cardiac CT
- Pediatric Cardiology Rotation:
AFIC Rawalpindi (6 months)

Certifications During Training

- ECG
 - Echocardiography
 - Electrophysiology (EP Studies)
 - **Best Resident Award**
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Research (Synopsis & Dissertation)

- “Procedural Success Rate of Primary Percutaneous Intervention”
 - One of the early studies from Pakistan/AJK
 - Appreciated by CPSP
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House Job

- Holy Family Hospital, Rawalpindi (Medicine)
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Education

MBBS

Frontier Medical College, Abbottabad (1999–2004)

- **Gold Medalist**
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Teaching Experience

- Teaching since house job and postgraduate training
 - Extensive experience teaching:
 - MBBS students
 - FCPS trainees (Medicine & Cardiology)
 - House officers and PG residents
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Online Medical Practice

- Consultant on:

- JustAnswer
- Pearl.com
- LivePerson
- HealthcareMagic

Publications

I have **27 articles** published in local and international journals.

1: Electrocardiographic success of Thrombolysis with streptokinase administration in patient with acute ST elevation Myocardial infarction admitted in emergency department of Kashmir Institute of Cardiology, Mirpur, Pakistan.

This journal was published in IJBPAS.

2: Procedural success of Primary PCI in Patient with acute STEMI

This article was published in The professional medical journal

3: Sensorineural hearing loss in adults

This article was published in The professional medical journal.

4: Rigid Esophagoscopy, a teaching institute experience

This article was also published in The professional medical journal.

5: Right ventricle perforation in PPM implantation.

This article was published in Medical forum monthly.

6: Lead fracture in PPM: evaluation from the anatomical and technical perspective.

This article was published in Medical forum monthly.

7: Trends in Utilization of Family planning methods at divisional headquarter hospital of Mirpur AJK.

This article was published in Annals of KEMU.

8: SMOKING AS RISK FACTOR FOR MYOCARDIAL INFARCTION WITH EMPHASIS ON CARDIAC BIOMARKERS IN THE PATIENTS ADMITTED IN KASHMIR INSTITUTE OF CARDIOLOGY MIRPUR KASHMIR, PAKISTAN,

Submitted in IJBPAS journal

9: Role of Echocardiography in Cardiac Risk Assessment of Patients at Risk of Cardiac Disease before Non-Cardiac Surgical Intervention

Published in medical forum monthly

10: HYPERTENSION AND MYOCADIAL INFARCTION: A STUDY IN KASHMIR INSTITUTE OF CARDIOLOGY MIRPUR, KASHMIR PAKISTAN

Published in IJBPAS journal

11: Evaluation Time as Most Effective Factor in Success of Thrombolysis with Streptokinase in Patients with Acute STEMI during COVID 19 Pandemic published in medical forum monthly.

12: Evaluation Dietary Sodium and Potassium Effects on Blood Pressure in Women Mirpur AJK, published in medical forum monthly

13 Evaluation of pregnancy rates in PCOs patient with effect of letrozole vs clomiphene citrate, Mirpur AJK.

Published in medical forum monthly on August 2023

14: Evaluation of Thyroid Profile and LFTs in pregnant women of Mirpur AJK

Published in Medical forum monthly august 2023

- 15: Prevalence and short term outcomes of electrolyte disorders in patients with heart failure
Published in Pakistan journal of medical and health sciences dec 2023
- 16: Echocardiographic evaluation reveals prevalence and pattern of CHD in patients population,
Medical forum monthly, December 2023
- 17: Assessment of safety and feasibility of rotational atherectomy vs conventional stenting in patients with CTO lesions
Biological and clinical sciences research journal, Jan 2024
- 18: Career Preferences of Final Year Medical Students: A Multi-Institutional Study
Medical forum monthly august 2022
- 19: Diabetes mellitus as a risk factor for MI with emphasis on cardiac biomarkers and its severity in diabetic patients admitted in KIC
IJBPAS 2021
- 20: Association Between Serum Uric Acid and Lipid Profile in Adult Individuals
Medical forum monthly July 2023
- 21: Assessing the Effect of Sodium-Glucose Cotransporter 2 Inhibitor (SGLT2i) on Outcomes in Patients With Acute Myocardial Infarction: A Systematic Review and Meta-Analysis
Cureus medical journal June 2024
- 22: A Comparison of Rosuvastatin Monotherapy and Rosuvastatin Plus Ezetimibe Combination Therapy in Patients With Type 2 Diabetes: A Meta-Analysis of Randomized Controlled Trials
Cureus medical journal june 2024
- 23: Comparison of the Clinical Manifestations of Acute Coronary Syndrome Between Diabetic and Non-diabetic Patients: A Systematic Review and Meta-Analysis
Cureus medical journal nov 2024
- 24: Clinical Profile and Risk Factors in Young Patients less than 50 presenting with acute coronary syndrome, a single centered prospective study.
Pakistan heart journal march 2025
- 25: Association of Serum Vitamin D Levels with Disease Severity among Patients with Chronic Rhinosinusitis in Mirpur, Azad Jammu and Kashmir
Medical forum monthly October 2025
- 26: Clinical and Angiographic Profile of Acute Coronary Syndrome Patients Undergoing Coronary Angiography at the Kashmir Institute of Cardiology.
Pakistan journal of cardiovascular intervention dec 2025
- 27: Biochemical Mechanisms of Hypertension and Their Implications for Public Health Interventions in Mirpur, AJK
Medical forum monthly, nov 2024